



האוניברסיטה העברית - הפקולטה לחקלאות המכון לביוכימיה, מדעי המזון והתזונה



Prof. Emeritus Micah Leshem

Department of Psychology at the University of Haifa

<http://hevra.haifa.ac.il/~psy/index.php/en/faculty?id=119>

הנושא:

The Biobehavior of the human love of salt

המפגש יתקיים

ביום ה', 27 פברואר 2014, בשעה 13:00

מועדון סגל

Abstract:

Salt intake is deranged because humans ingest vast quantities of it with no clear utility – and despite much evidence of its deleterious effects. We review the paucity of ideas as to why this occurs, and make some novel suggestions. The consensus that dietary sodium is toxic, and the contention that it is not, fuel an important debate that, astonishingly, ignores its root cause - why humans eat salt in the first place. What high salt intake causes is well researched, what causes high salt intake is not known at all. The study of the causes and determinants of salt appetite will assist in addressing its behavioral regulation, largely sodium over-consumption, but also the increasingly recognized problems of hyponatremia and fluid regulation, neonatally, in exertion, in disease, in mental anguish, and in senescence.

סגל וסטודנטים מוזמנים להשתתף
לתיאום פגישה: yaelf@savion.huji.ac.il